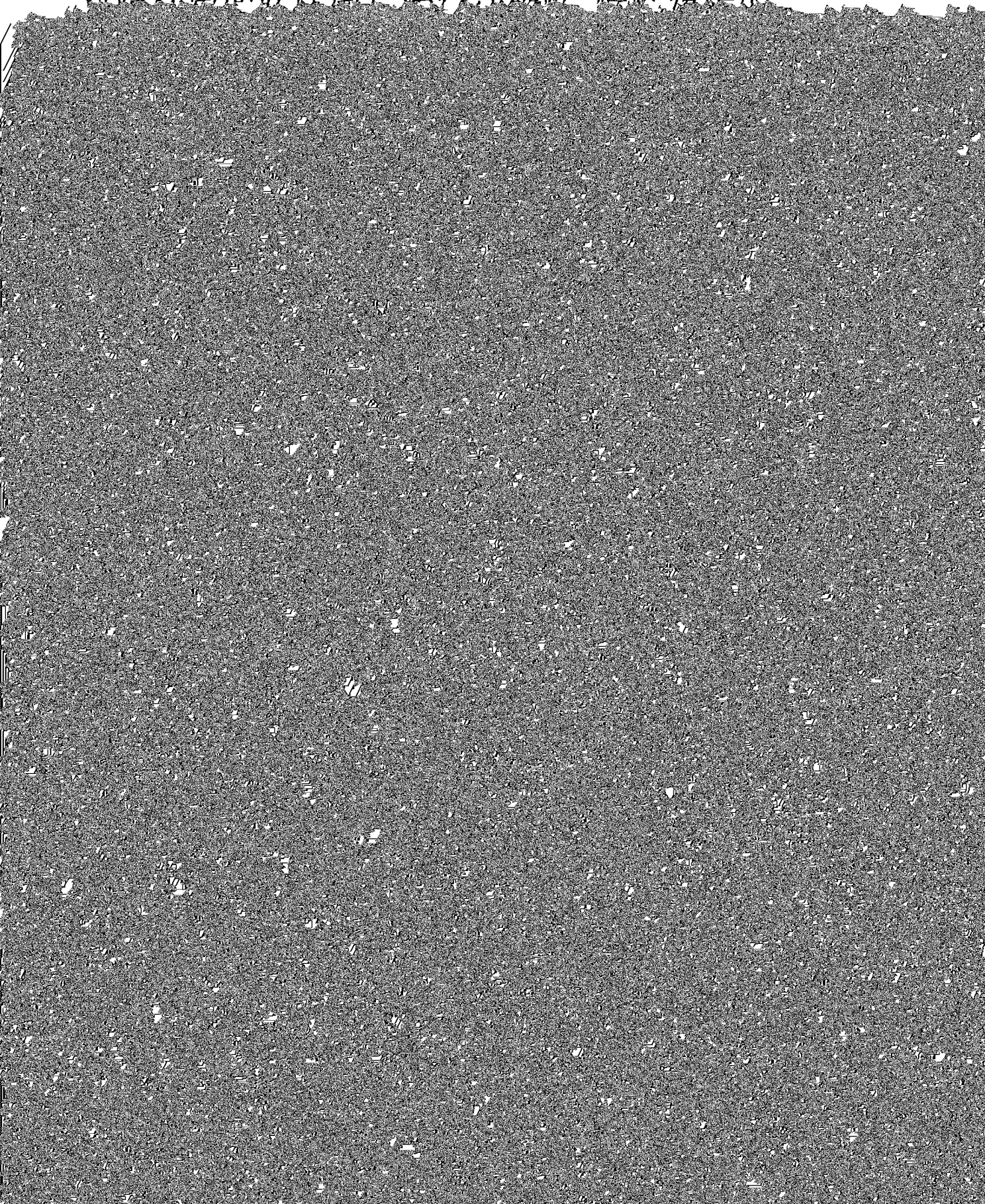


• 药物与临床 •

双歧杆菌四联活菌片治疗儿童慢性便秘的临床研究



times), and the difference was statistically significant ($t = 27.800, P < 0.01$). There was no statistically significant difference in the frequency of defecation before and after treatment between two groups ($t = -0.460$ and -0.662 , both $P > 0.05$). Furthermore there was also no statistically significant difference in the rate of normal bowel movements between observation group and treatment group after treatment (50.8% (130/256) vs 57.9% (132/228); $\chi^2 = 2.458, P = 0.117$). There was no significant difference in

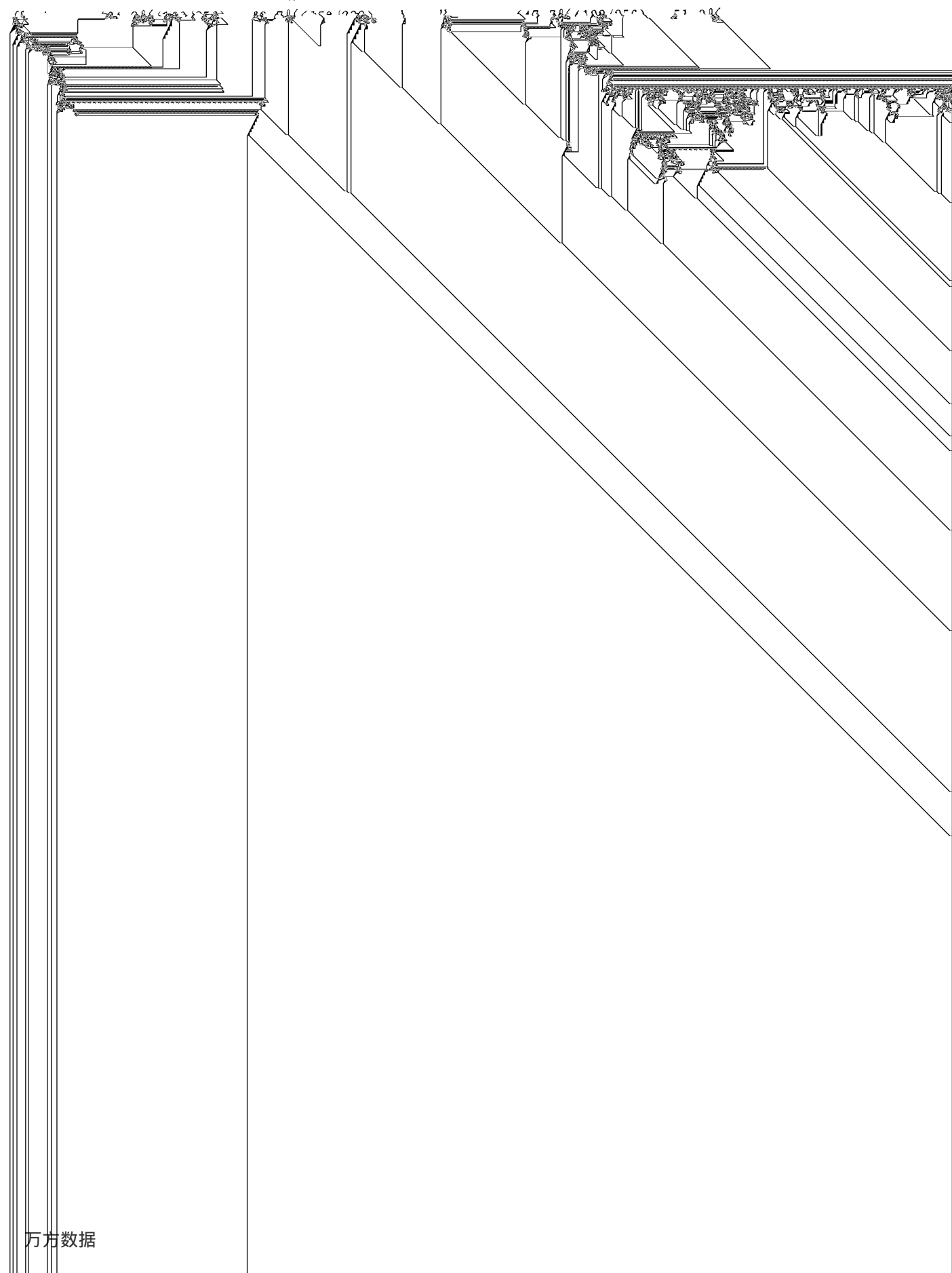


表 2 两组治疗前后血白细胞和肾功能指标比较($\bar{x} \pm s$)

组别	例数	白细胞计数 ($\times 10^9/L$)	丙氨酸转氨酶 (U/L)	肌酐 ($\mu\text{mol/L}$)
对照组	228			
治疗前		5.60 \pm 0.99	31.3 \pm 18.5	63.1 \pm 16.7
治疗后		5.87 \pm 1.63	32.7 \pm 17.9	65.9 \pm 14.5
t 值	—	-0.454	-1.025	-1.478
P 值	—	0.681	0.244	0.133
观察组	256			
治疗前		5.93 \pm 1.24	29.1 \pm 13.8	69.4 \pm 17.4
治疗后		6.04 \pm 1.76	27.9 \pm 16.2	68.3 \pm 16.2
t 值	—	-0.312	1.442	0.366
P 值	—	0.501	0.169	0.702

注:对照组采用双歧杆菌三联活菌胶囊联合地衣芽孢杆菌胶囊治疗,观察组采用双歧杆菌四联活菌片治疗。“—”为无此值

较同样有令人较满意的疗效。双歧杆菌四联活菌片含有的益生菌为婴儿双歧杆菌、嗜酸乳杆菌、粪肠球菌、蜡状芽孢杆菌,可在肠道内定植、增殖,形成有保护作用的生物屏障。其中双歧杆菌、嗜酸乳杆菌、粪肠球菌属于原籍菌,具有抑制致病菌生长,改善肠道

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